

HUBBARDS YACHT CLUB - LEARN TO SAIL 2008

Programs

At Hubbards Yacht Club (HYC) we offer Canadian Yachting Association (CYA) standardized 'Learn to Sail' Programs for individuals ages 8 to 18. Our Learn to Sail Program offers Introductory, Basic, Intermediate, and Advanced levels at both the recreational and competitive sailing levels.

Introductory Sailing Program 'Opti'

This program introduces basic sailing skills at either the recreational "learn to sail" or competitive "learn to race" (Wet Feet) sailing level using the Optimist dinghy. This boat is appropriate for sailor's age 8 and up who weigh less than 110 lbs. This program follows the CYA 'Pram' program. Sailors participating at the competitive 'learn to race' level will be required to attend Regattas. Pre-requisite: displayed swimming ability & basic motor skills.

Basic Sailing Program 'White Sail I, II, III'

This program offers instruction in basic sailing skills for sailor's age 10 & up. The program is taught using Echo class boats with two or three sailors per boat. The program follows the CYA Basic Whitesail I, II & III program standards. Pre-requisite: displayed swimming ability & basic motor skills.

Intermediate Sailing Program 'Bronze IV, V'

This program is an extension of the double-handed Basic Sailing Program. This program uses 420 class dinghy's and follows the CYA Intermediate Bronze IV & V program standards. Pre-requisite: Completed Basic Program.

Advanced Sailing Program 'Silver VI'

This is our flagship program. This program instructs in competitive or non-competitive racing leading to an advanced sailing certification, Silver VI. This program follows the CYA Advanced Sailing program; coaching is in Club provided 420's or sailors can use their own approved boats. All sailors who participate in this program at the competitive level will be required to attend Regattas. Pre-requisite: Completed Intermediate Program

Instructors

Our coaches are certified and insured by the Canadian Yachting Association to instruct to the CYA standards.

Circle requested **Sessions**

- 1 **June 30-July 4**
- 2 **July 7-11**
- 3 **July 14-18**
- 4 **July 21-25**
- 5 **July 28-Aug 1**
- 6 **Aug 4-8**
- 7 **Aug 11-15**
- 8 **Aug 18-22**

Circle requested **Program**

Opti

Wet Feet (Opti Race)

White I II III

Bronze IV V

Silver VI

Weekly cost: Silver VI \$140

All other Programs \$125

\$15 weekly discount applies if you have your own boat!

Payments: To accompany pre-registration forms or to be paid on Monday mornings between 8:30 - 9:30 AM on the week of the registered program.

HYC 'Learn to Sail' 2008

Registration Form

Sailor's Name _____

Age _____ Date of Birth _____

MSI/Medical # _____

Swimming Level Achieved _____

Previous Sail Level Achieved _____

Yacht Club _____

Parent/Guardian Name _____

Parent/Guardian Signature _____

Mailing Address _____

Phone Number Home _____

Work _____

Cell _____

E-mail Address _____

****Early Registration for Previous Sailors - April 2008****

How to Register: Complete this provisional form and mail to the following address with payment. We will contact you upon receipt.

Hubbards Yacht Club P.O. Box 187, Hubbards, Nova Scotia B0J 1T0

Questions? Contact Suzanne at hycsuzanne@hotmail.com or 902-471-0190