



Newsletter May 2010

Commodore's Report

I am sitting here on Monday April 19 reading my Commodore's report from 2009. Last year when I wrote this update to you it had just snowed, and the same is true this year. Mother Nature's little April fools gag to sailors.

The 2009 year was a great year for the young sailors in our programs and an exciting year of new developments for the HYC.

Morgan Van Horne, the new Learn to Sail Director, took on the role with enthusiasm. Morgan and the instructors made some program changes that were very well received, in particular a basic sailing skills program for youth that are new to the water. Under the guidance of Morgan and Head Coach Justin Bean, the instructors did a great job with the young sailors, making sure that the HYC continues to be a place where youth can have a great summer and learn to sail in a fun and safe environment. Please compliment our instructors when you see them.

The summer of 2009 provided a milestone event for the HYC. The club has operated out of leased premises for a number of years but in 2009 the HYC was able to purchase a piece of waterfront property in Hubbards that will be used to develop a new sailing facility. Work has already begun to review the site and make plans for it to be suitably developed for our programs. We look forward to your input and support as this exciting project takes shape.

I am happy to announce that Cynthia Pothier has joined the Board in the role of Secretary/Treasurer. Please join me in welcoming Cynthia to the HYC community.

The HYC is similar to any other volunteer organization - there are always more jobs than people. The HYC is a dynamic, fun environment with a focus on providing safe, affordable, fun recreational sailing opportunities for youth in the Hubbards and surrounding area. If this is a cause that you can see yourself participating in, either on the board or on one of our committees, please contact me at 481-2221 or norman@thompsonsmoving.ca.

We have set a few dates set for this season that you should mark on your calendar;

- Monday July 5, 2009 start of youth sailing program
- Saturday July 10, Annual Barbeque and Auction
- Saturday August 28, Closing Barbeque and Awards

Have a great spring and thank you for your support of the Hubbards Yacht Club.

Norman Burke
Commodore

Yacht Club Updates

Program Changes →

We have implemented some changes to our LTS program in 2010. We will now be offering 1 week sessions for the intro programs and 2 week sessions for the higher levels. Please review the enclosed Registration Form for the exact start and end dates of each session.

1 Week Sessions – Basic, Opti, White I & II

2 Week Sessions – White III, Bronze IV & V, Silver VI

Website →

Revised site will be online soon – Registration Forms available in PDF format online.

Learn to Sail Registration & Questions →

Please contact our LTS Administrator, Erika Broadbent, directly at 830-7214.

Early Registration →

We will be taking registrations for all Previous Sailors in the Learn to Sail Program during the month of May. On June 1, we open the registrations to new and interested sailors wishing to join the program. The program space is limited so register early!

Treasurers Report

The 2009 season continued the great trend of community support for the programs offered by the HYC. In 2009, 25% of the total receipts came from fundraising events and donations. These events are necessary to fund the club as only 60% of program costs are covered by the fees charged to our young sailors. This is an intentional decision so as to keep the fees charged to students as low as possible to encourage participation.

The club's financial position did change in 2009 with the purchase of a piece of property for the development of a permanent home for the HYC. The purchase means that we now have annual interest and property taxes to pay, increasing our annual expenditures. These items, combined with the always increasing costs of equipment, means that we will have to raise program fees slightly in 2010. We are aware that parents are concerned about increasing costs and so we have increased the rate a modest \$10 per week for the programs. This still keeps us well below the cost charged by other clubs.

Summary of financial operations

| | Actual 2009 | Forecast 2010 |
|-----------------------------|-----------------|------------------|
| Total receipts | \$74,491 | \$79,025 |
| Operating expenditures | <u>\$70,230</u> | <u>\$80,104</u> |
| Operating surplus (deficit) | \$ 4,261 | \$(1,079) |
| Property acquisition costs | <u>\$ 5,514</u> | |
| Net deficit | \$(1,253) | \$(1,079) |

The deficit from 2009 and projected deficit for 2010 will be funded by the small amount of cash left over from prior seasons.

If anyone has questions about this report, please feel free to contact me.

Norman Burke
Treasurer

Hubbards Yacht Club
Learn to Sail
2009/2010

It's hard to believe that the winter passed so quickly, and now it's that time again to cast our thoughts to the hopefully not too distant sunny days ahead in what I'm sure will be another fun and exciting 2010 sailing season at HYC.

The 2009 season was by all accounts very successful both in numbers of sailors as well as the quality of instruction. Led by Justin Bean as Head Instructor, the team of dedicated coaches delivered an excellent program to the 123 young sailors who participated. Their commitment to adhering to HYC's focus of providing a fun learning environment while teaching a life long skill should be commended.

In the Spring of 2009, a group of volunteers constructed a new wooden launch ramp, making it easier and safer to launch our dinghy fleet. There were also very extensive repairs to the Echo fleet and several of our older 420's, all this work will put us in great shape for the start of the season.

We will be repeating the immensely successful Beginner level (Thanks Lindsey !) that introduced the sport to 44 new young sailors, many of whom chose to stay on and continue their experience in Opti or White Sail I levels.

A Learn to Race component will once again be offered as part of the Silver VI level for those that wish to experience the competition and excitement of the many well organized Regatta's that are offered throughout the summer in Nova Scotia.

I am pleased to say that most of our coaches will be returning to us this summer, the exceptions being Greg Sweet and Ted Skiffington who both did a great job with their responsibilities in the Silver VI / Learn to Race program with some of the best regatta results ever posted by HYC. Greg is pursuing his interests with a co-op position as part of his university career and Ted will be training hard in his bid for a spot on the Canadian sailing team in the next summer Olympics. Good luck to them both, they will be missed by all. We are actively seeking a new Silver VI certified coach to fill this position.

Once again thanks to **all** the coaches for creating the spirit that makes HYC such a special place.

Please contact Morgan Van Horne (our new Learn to Sail director) for more info regarding the 2010 Learn to Sail program. mvanhorne@amca.ca

Summary of our 2009 sailors and coaches

Sailors

| Sailing Program | Total Sailors | Average age | Sailing Classification |
|--|---------------|----------------|------------------------|
| <i>Beginner Echo's</i> | 44 | 9 years old | Beginner |
| <i>Whitesail I, II & III Optis</i> | 21 | 9.2 years old | Introductory |
| <i>White I, II, III Echos</i> | 55 | 10.9 years old | Introductory |
| <i>Bronze IV 420s</i> | 11 | 11.7 years old | Basic |
| <i>Bronze V</i> | 8 | 13.4 years old | Intermediate |
| <i>Silver VI 420s, Lasers, Bytes</i> | 8 | 15 years old | Advanced |

Manager & Coaches 2009 season

| Position | Name | Coaching Certification | Sailing Certification |
|--|---|------------------------|-----------------------|
| <i>Manager</i> | Angela Chisholm | | |
| <i>Head Coach & Bronze V Coach</i> | Justin Bean | Blue | Silver VI |
| <i>Silver VI</i> | Greg Sweet & Ted Skiffington | Green | Silver VI |
| <i>Bronze IV</i> | Matthew Morash | Blue | Bronze V |
| <i>Opti & Head White Coach</i> | Gavin Reynolds | Green | Silver VI |
| <i>White sail I, II, III</i> | Robert Sweet | Green | Silver VI |
| <i>White sail I, II, III</i> | Keith Parker | Green | Silver VI |
| <i>Basic</i> | Lindsey Parker | Green | Bronze V |

*"You get the best effort from others not by lighting a fire beneath them,
but by building a fire within."*

-Bob Nelson

*"A good coach will make his players see what they can be
rather than what they are."*

-Ara Parasheghian

Sailing & Coaching Certification

The Nova Scotia Yachting Association (NSYA) under the umbrella of the Canadian Yachting Association (CYA) administers all coaching and sailing programs, including certifications.

Sailing certifications offered by the NSYA encompass the full scale of sailing skills. Wet feet/ Opti; introductory White sail levels I, II & III; Bronze IV & V; Learn-to-Race; Silver VI & Gold VII and Olympic level High Performance Athletes. Hubbards Yacht Club is pleased to once again offer a Learn to Race level however does not have the infrastructure to offer Gold VII and Olympic levels at this time.

Coaching certifications offered by the NYSA cover the full spectrum of coaching including Novice Green, Intermediate Blue, Learn-to-Race Blue, Competitive Race Orange, and High Performance Yellow. We encourage and assist our coaches to upgrade their coaching certification and for the first time ever HYC will be covering the full cost of upgrading our coaching staff.

The CYA's training model for all Learn-to-Sail programs provide safe and standardized instruction and coaching for both recreation and competition in sailing dinghies. We employ fully the CYA model in all our coaching and training activities and practices. Additional information is available on the CYA website.

<http://www.sailing.ca/>

Sailing Classifications

Wet Feet/ Opti and White Sail Levels I, II & III are the introductory levels. In recognition of the large number of beginning sailors throughout the sailing season, HYC has dedicated a new coaching position. The added benefit to those sailors who have already learned the basic skills is that they can continue to develop their skills with uninterrupted instruction.

These levels cover safety, seamanship and boat handling in winds to 16-km/h velocities. The optimist green fleet is incorporated into our White Sail program and is designed for novice Learn-to-Race sailors. Junior racers are coached in racing skills and encouraged to attend optimist regattas to become familiar with the entire regatta experience. This allows them to transition into advanced competitive sailing once they master the basic sailing skills taught in the White Sail courses. The emphasis of the green fleet is to provide a 'fun to learn' regatta environment.

White Sail Coaches are trained to teach basic sailing skills to beginner participants and are authorized to award the White Sail I, II, and III sailor levels when registered for the current year. White Sail coaches who also complete the Wet Feet and Opti professional development modules are also authorized to run these specific programs geared towards younger sailors.

Bronze Sail Levels IV & V are levels where sailors are introduced to advanced sailing techniques and skills, including sail trim, boat tuning, boat maintenance, trapezing and the use of the spinnaker. After completing the bronze standards sailors are competent in winds up to 25-km/h.

Bronze Sail Coaches are trained to teach intermediate sailing skills to more advanced participants, and are authorized to award Bronze Sail IV and V sailor levels, when registered for the current year.

Silver Sail Levels VI introduces sailors to competitive and advanced sailing, they cover racing rules, sail theory, tactics and advanced boat handling skills in all weather, keeping in mind we never put our sailors in jeopardy under any circumstances.

Learn to Race is part of the Silver VI level where the sailors learn all the race rules including how to race respectfully. Sailors are also given pointers on what to do when starting a race, during a race, and finishing a race. They will also learn race theory to become more familiar with all aspects of competitive sailing.

Learn to Race Coach program has been designed to introduce racing to young athletes while at the same time encouraging them in a fun environment.

Competitive Based Education & Training (CBET)

CBET, introduced by the CYA in 2003, facilitated on-the-water, interactive and hands-on process for transferring knowledge. We are very pleased with our CBET results to date, in particular the noticeable improvement in learned skills retention. Coaches prepare daily lesson plans and present these plans each morning, in the classroom, to their group of sailors. The group is then moved on the water for the remainder of the day where sailors learn skills and techniques employing hands on coaching. Coaches make on the water observations and evaluations from which progress reports are prepared.

Four key improvements resulting in CBET:

- Written tests not used for evaluation of sailors
- Sailor assessment based on demonstrated skills
- Emphasizes on-the-water training
- First day assessment (by certified coach) allows student to enter programs without prior CYA levels

Our 2009 Season

Congratulations to all sailors that took part in the following. HYC had sailors participating in Ark (Bedford Basin Yacht Club), and Bay of the Wind Regatta (St. Margret's Bay Sailing Club) and Opti Jam, where our three young participants had the honour of having the chance to meet and have their picture taken with Canadian Olympic Gold medalist Paul Tingley.

Regatta Results

| Regatta | Sailing team | Classification | Position / Ranking |
|------------------------|-----------------------------|-----------------------|--|
| The Bay, The Wind/SMSC | Jim Schwartz | Laser Class | 19 th out of 23 Laser sailors |
| | Matthew Burke | Laser Radial Class | 9 th out of 29 Radial Sailors |
| | Alex Burke | | 18 th |
| | Jack Bignell | | 20 th |
| | Alex Patenaude/Bailey Penny | 420 Class Green Fleet | 1st out of 14 Crews |
| | Emily Van Horne | 29er Class | 7 th out of 8 Crews |
| | Patrick Burke | Opti Green U16 Cl | 5 th out of 9 sailors |
| | Mathew Morrissey | | 6 th out of 9 sailors |
| ARK/BBYC | Alex Patenaude/Bailey Penny | 420 Class | 15 th out of 32 Crews |
| | Raymond O'Neil | Laser Class | 15 th out of 17 sailors |
| | Jim Schwartz | | 17 th |
| | Mathew Burke | Laser Radial Class | 15 th out of 27 Sailors |
| | Alex Burke | | 17 th |
| | Jack Bignell | | 18 th |
| Opti Jam/CYC | Patrick Burke | Opti Green Fleet | 12 th out of 35 Sailors |
| | Mathew Morrissey | | 16 th |
| | Grace Flemming | | 24 th |

Safety

Again we are gratified to report that we did not have any major accidents or mishaps during the 2009 season. In large part this is due to the commitment to safety by our manager and coaches; all are very conscious of all safety practices and promote safety in all of our activities. We monitored the water condition weekly and reacted accordingly following the same practices and guidelines set by the NSYA for sailors in The Arm.

HYC "Adopt a Boat" Program

As part of the exciting push towards the construction of our new facility in the near future, we will be updating the HYC website and incorporating in the future a tax deductible fundraising component. We will be looking for volunteers who may be past members of HYC and have old pictures that we will be using to build an alumni portion for the HYC website. We will also look to revitalize the Adopt a Boat program through the new and updated HYC website.

NSYA is planning CYA Instructors Clinics this Spring to train new instructors and upgrade existing. New this year is the opportunity to become a certified CYA Learn to Race Coach. Visit the NSYA website { <http://www.nsyans.ca/> } for an update on the new Learn-to-Sail instructors' program.

The Hubbards Yacht Club Special Olympics sailing program is available for youth with special needs that want to enjoy a sailing experience. Contact HYC for additional information.

Regards,
Morgan Van Horne
Director, Learn to Sail

Important dates for 2010

Please Note: All regattas require parental support and involvement.

| Event | Date | Location | Notes |
|--|--------------|-------------------------------|--|
| Spring tune ups | May, June | Various Yacht Clubs | Dates will be published on the NSYA website. |
| Coaches courses | NSYA | Various Yacht Clubs | Course dates available from the NSYA website or by contacting Frank Denis on 425-5450 Ext.312 |
| Hubbards' Learn to Sail Junior Sailing programs starts | July 5 | Hubbards Yacht Club | Applications on our website: www.hubbardsyachtclub.com |
| YOTS and ARK regatta | July 8 - 11 | Bedford Basin Yacht Club | Not one of our regular regattas. Silver sailors may be interested. Requires parental involvement & commitment. |
| Hubbards Yacht Club Annual BBQ & Auction | July 10 | The Hubbards Barn | Yearly fundraiser that supports our junior sailing programs. Thanks for your support. |
| The Bay, The Wind, The Regatta | July 17 & 18 | St. Margaret's Sailing School | One of our regulars, we fully support this regatta. |
| Opti Jam | Aug 4 & 5 | Chester Yacht Club | One of our regulars, we fully support this regatta. |
| Kennedy Cup | TBC | Royal NS Yacht Squadron | We fully support this regatta |
| Hubbards' Learn to Sail Junior Sailing programs end | Aug 27 | Hubbards Yacht Club | Closing BBQ, certificates and recognition awards. Start time 1:00 PM. A notice will be sent out with the sailors. |
| Closing BBQ | Aug 28 | Hubbards Yacht Club | Certificates and recognition awards. Start time TBC. A notice will be sent home with the sailors with final details. |

Hubbards Yacht Club - 2010 Board Members & Volunteers

| | | |
|--|----------------------|----------|
| Board Chair | Jack Flemming | |
| Commodore NSYA Representative | Norman Burke | 481-2221 |
| Vice Commodore Learn to Sail | Morgan Van Horne | 223-9918 |
| Vice-Commodore Facilities | Andrew Pothier | 826-7347 |
| Vice Commodore Membership | Angela Chisholm | 225-8295 |
| Vice Commodore Fleet | Anyone Interested??? | |
| Learn to Sail Registration Administration | Erika Broadbent | 830-7214 |
| Secretary/Treasurer | Cynthia Pothier | 826-7347 |
| Social Committee | TBA | |
| Volunteer Committee | TBA | |

Always Recruiting - Call us if interested!

| | | |
|--------------|----------------|----------|
| Support Crew | Peter Stow | 857-3897 |
| | Len Poirier | 857-3553 |
| | Bill Zimmerman | 857-9009 |

Hubbards Yacht Club

857-9771 (Seasonal)

HUBBARDS YACHT CLUB

Volunteer Form

The Hubbards Yacht Club welcomes volunteers willing to contribute their time and talent in support of the future development of the Hubbards Yacht Club Learn to Sail programs & activities.

Below is a list of committees that take place during the year. The HYC depends on parent volunteers to make these events happen. If you would like to volunteer for any of these committees or are interested in sitting on the Board, please put a check mark beside the one(s) you are interested in along with your name and phone number and send along to the Hubbards Yacht Club.

- Capital Campaign Committee
General Fundraising
- Annual Auction & BBQ Committee
- Year End Sailing Program BBQ Committee
(T-shirts, Trophies, Food)

I/We prefer not to volunteer for the Working Committee's listed above.
In lieu, I am enclosing a contribution of \$ _____.

I/We will not be attending the Annual BBQ & Auction.
In lieu is a contribution in support of the fundraiser in the suggested amount of \$40 per person.

Name: _____

Phone Number: _____

E-Mail Address: _____

**Thank you for volunteering &/or supporting our efforts to continue offering the
Learn to Sail program for the children in our communities.**

Please mail your form and/or contribution to:

**Hubbards Yacht Club
PO Box 187
Hubbards, NS B0J 1T0**

Questions? Contact Angela at adventurechik@gmail.com or 225-8295

HUBBARDS YACHT CLUB

2010 Membership Application

Name: _____ Partner's name: _____
Mailing Address: _____ Postal Code: _____
Civic Address: _____ E-mail Address: _____
Home Phone: _____ Business Phone: _____
Children (name/age/Jr. Sail Program?): _____
Type of Boat/Length: (if applicable) _____ Power: _____ Sail: _____

Fee Schedule:

| | | |
|--|-------|-------|
| Facility Usage (i.e. Wharf) | \$50 | _____ |
| Social Membership | \$50 | _____ |
| Outdoor Boat Storage | | _____ |
| \$100 for Dinghy's, big boat fees are negotiated | \$100 | _____ |

*Annual Barbeque & Auction (2 for \$75 or \$40 each x # of tickets) _____
July 10, 2010

Total Fees (payment enclosed) _____

Notes:

- 1) Fees payable by June 30th, 2010. Please make cheques payable to the Hubbards Yacht Club, and mail with the application form to:

Hubbards Yacht Club
P.O. Box 187
Hubbards, Nova Scotia
B0J 1T0

- 2) The club does not provide insurance on member's boats.

*** Please note this season we are issuing 2 tickets with the newsletter and we ask that you please send payment in advance to guarantee space. This will put your name on the Guest List as PAID that will be located at the Entrance Gate to the BBQ & Auction on July 10, 2010. Tickets may be available for purchase at the Entrance although we are not able to guarantee this. Please feel free to contact Erika at 830-7214 to check availability or to purchase additional tickets at any time.**