



# HUBBARDS YACHT CLUB

Est. 1967 Hubbards Cove, Nova Scotia, Canada  
Lat. 44°37' 17"72 N. Long. 64°03' 21"51W.

## Newsletter April 2009

### Commodore's Report

It is Easter Monday and my calendar tells me that spring is here and that I should be thinking about warmer weather, even though I am staring at some newly fallen snow on my lawn! To introduce myself, my name is Norman Burke and I have been on the Board since 2005 and I have recently been elected as Commodore. I have big shoes to fill with Angela Chisholm having been our most recent Commodore and having done a terrific job for the HYC. Fortunately for the HYC and for me, Angela is remaining on the Board. As an aside, when you see Angela please congratulate her on being named by National Geographic as one of the top 5 best tour companies in the world. Well done Angela.

Joining the Board regulars of Jack Flemming, Peter Stow, Angela Chisholm, Len Poirier, Bill Zimmerman and me, there are two new faces on the Board this year, Andrew Pothier and Morgan Van Horne. Both have taken a very active role, with Morgan working closely with Len Poirier on the youth sailing program and Andrew taking on the project of securing a permanent home for the HYC. This is an important project for the club as our current lease arrangement expires after the 2012 season.

Morgan and Len have reviewed the program offerings and have some changes for this year, offering a Learn to Race program for the advanced sailors and a basic sailing skills program for youth that are new to the water. Morgan and Len have also been busy getting the equipment ready and interviewing for the instructor positions.

The one position that we are looking for is that of a club supervisor. This role is to act as a liaison with parents and instructors and to do some basic administration. This position was filled last year by Angela Chisholm. This year Angela has stepped down as club supervisor to re-focus her energy on her successful tour business. The position is part time with a few hours each day spent on site. If you are interested, or if you know someone else who might be, please contact me at 481-2221 or [norman@thompsonsmoving.ca](mailto:norman@thompsonsmoving.ca).

We have set a few dates set for this season that you should mark on your calendar;

- Saturday July 4, 2009, Annual General Meeting
- Monday July 6, 2009 start of youth sailing program
- Saturday July 18, Annual Barbeque and Auction
- Saturday August 29, Closing Barbeque and Awards

Have a great spring and thank you for your support of the Hubbards Yacht Club.

Norman Burke  
Commodore

## **Yacht Club Updates & Requests**

### **Website →**

Revised site will be online soon – Registration Forms are available in PDF format online.

### **Learn to Sail Registration & Questions →**

Please contact our Pre Season Administrator, Angela Chisholm, directly at 225-8295.

### **Early Registration →**

We will be taking registrations for all Previous Sailors in the Learn to Sail Program during the month of May. On June 1, we open the registrations to new and interested sailors wishing to join the program. The program space is limited so register early!

### **Email updates →**

For anyone wishing to receive news & updates via email, please let us know.

## **St. Margaret's Sailing Club to Host 2009 Laser Worlds**

The 2009 Laser Worlds will be taking place this summer in St. Margaret's Bay and are being hosted by SMSC. The Seniors portion of the championships is from August 20 to 26 and the Masters portion runs from August 30 to September 05. As the summer approaches and the championships grow closer, the organizing committee has asked all local clubs to pass along an update, and a request for volunteers, to their members.

The organizing committee are confident that the Nova Scotia sailing community will come forward and help make these the best ever Laser World Championships. In that light, the organizing committee is asking that all interested in supporting the 2009 Laser Worlds consider becoming a volunteer for the event. They need on the water:

- Qualified race officers (there is a seminar in April for people who want to upgrade their skills, which is a great resource for your club)
- Qualified boat operators (PCOC required)
- Some muscle to haul marks
- Experienced competitive sailors to work line and mark boats

If you are interested in becoming an event volunteer, please contact Duncan Enman, the Event Manager, at the coordinates below;

Duncan Enman - Event Manager - 2009 Laser World Championships  
Tel: (902) 830-1948 or [www.2009laserworlds.org](http://www.2009laserworlds.org)

## **Treasurers Report**

The HYC had a modestly successful year financially in 2008. Our cash balance improved from \$4,725 at December 31, 2007 to \$11,918 at December 31, 2008. However, this only just replaces the reserves we had a few years ago. Our financial success is only possible because of great support from members and parents at all of our fundraising events. In particular I would like to thank Stan and Melissa Hartling for their generous support of the auction by donating accommodations at their resorts in the Turks and Caicos, The Palms and The Sands. These trips have been wonderful fundraisers for the club. We also continue to have the support of all three levels of government through their grant programs.

This financial success does not reflect the financial challenge that the club continues to face. The challenge is to be able to afford to buy and maintain enough operable teaching boats and coach boats so that the sailors are safe and have maximum opportunity to learn. New teaching boats cost between \$4,000 and \$12,000 and coach boats are a similar cost.

At HYC, our objective is to keep the program costs as low as possible to allow the sailing programs to be accessible to more young people. This would not be possible without the generous support of the annual barbeque and auction. Our auction traditionally raises approximately \$20,000 and this represents 25% of our annual operating budget. Please come out and support the auction this year, or consider a donation in the event that you cannot attend. Please mark your calendars as this year's event is scheduled for July 18, 2009 at The Hubbards Barn.

We are always aware of the cost of club support and we try and give back what we can to the donors. To provide maximum benefit for your donations, we are exploring an opportunity for the club to be able to provide tax deductible charitable receipts for your donations. We will keep you posted on this initiative.

**Hubbards Yacht Club**  
**Learn to Sail**  
**2008/2009**

Despite the less than perfect weather for the majority of the summer, the spirits of our 104 enthusiastic sailors that actively took part in our 2008 Learn-to-Sail program were not dampened.

We would like to thank our manager and coaches for their excellent support of our young sailors at all ages and levels. Their mentoring helped create a fun and skill building environment, and created a club spirit that makes HYC a unique and special place.

In the spring of 2008 further refits were done to our existing boats such as fiber glassing, replacement of hardware and new ropes. This spring any other repairs required will be done to ensure all club equipment will be in the best possible repair. Also, all the dinghies touch-up painting will be done as required protecting the new fiber glassing repairs completed both this year and last.

We also are very glad to say that the Learn-to-Race level has been brought back to our Learn-to-Sail program.

Please contact Morgan Van Horne (our new Learn to Sail director) for more info regarding the 2009 Learn to Sail program. [mvanhorne@amca.ns.ca](mailto:mvanhorne@amca.ns.ca)

**Summary of our 2008 sailors and coaches**

**Sailors**

<b>Sailing Program</b>	<b>Total Sailors</b>	<b>Average age</b>	<b>Sailing Classification</b>
<i>Opti Optis</i>	26	9 years old	Introductory
<i>White I, II, III Echos</i>	43	11 years old	Introductory
<i>Bronze IV 420s</i>	15	12 years old	Basic
<i>Bronze V</i>	8	13 years old	Intermediate
<i>Silver VI 420s, Lasers, Bytes</i>	12	15 years old	Advanced

## Manager & Coaches

<b>Position</b>	<b>Name</b>	<b>Coaching Certification</b>	<b>Sailing Certification</b>
<i>Manager</i>	<b>Angela Chisholm</b>		
<i>Head Coach, Bronze V &amp; Special Olympics Coach</i>	<b>Abbey Poirier</b>	<b>Blue</b>	<b>Silver VI</b>
<i>Silver VI</i>	<b>James Willies</b>	<b>Red</b>	<b>Silver VI</b>
<i>Bronze IV</i>	<b>Greg Sweet</b>	<b>Green</b>	<b>Silver VI</b>
<i>White sail I, II, III</i>	<b>Matt Morash</b>	<b>Green</b>	<b>Bronze V</b>
<i>White sail I, II, III</i>	<b>Corey Chisholm</b>	<b>Green</b>	<b>Bronze V</b>
<i>Opti &amp; Head White</i>	<b>Justin Bean</b>	<b>Blue</b>	<b>Silver VI</b>
<i>Assistant</i>	<b>Gavin Reynolds</b>	<b>Green</b>	<b>Silver VI</b>

*"You get the best effort from others not by lighting a fire beneath them, but by building a fire within."*  
-Bob Nelson

*"A good coach will make his players see what they can be rather than what they are."*  
-Ara Parseghian

## Sailing & Coaching Certification

The Nova Scotia Yachting Association (NSYA) under the umbrella of the Canadian Yachting Association (CYA) administers all coaching and sailing programs, including certifications.

Sailing certifications offered by the NSYA encompass the full scale of sailing skills. Wet feet/ Opti; introductory White sail levels I, II & III; Bronze IV & V; Learn-to-Race; Silver VI & Gold VII and Olympic level High Performance Athletes. Hubbards Yacht Club is pleased to once again offer a Learn to Race level however does not have the infrastructure to offer Gold VII and Olympic levels at this time.

Coaching certifications offered by the NYSA cover the full spectrum of coaching including Novice Green, Intermediate Blue, Learn-to-Race Blue, Competitive Race Orange, and High Performance Yellow. We encourage and assist our coaches to upgrade their coaching certification and for the first time ever HYC will be covering the full cost of upgrading our coaching staff.

The CYA's training model for all Learn-to-Sail programs provide safe and standardized instruction and coaching for both recreation and competition in sailing dinghies. We employ fully the CYA model in all out coaching and training activities and practices. Additional information is available on the CYA website [www.sailing.ca](http://www.sailing.ca) or by contacting Frank Denis at the Nova Scotia Yachting Association at 425-5450.

## Sailing Classifications

**Wet Feet/ Opti and Whitesail Levels I, II & III** are the introductory levels. In recognition of the large number of beginning sailors throughout the sailing season, HYC has dedicated a new coaching position. The added benefit to those sailors who have already learnt the basic skills is that they can continue to develop their skills with uninterrupted instruction.

These levels cover safety, seamanship and boat handling in winds to 16-km/h velocities. The optimist green fleet is incorporated into our White sail program and is designed for novice Learn-to-Race sailors. Junior racers are coached in racing skills and encouraged to attend optimist regattas to become familiar with the entire regatta experience. This allows them to transition into advanced competitive sailing once they master the basic sailing skills taught in the Whitesail courses. The emphasis of the green fleet is to provide a 'fun to learn' regatta environment.

White Sail Coaches are trained to teach basic sailing skills to beginner participants and are authorized to award the White Sail I, II, and III sailor levels when registered for the current year. White Sail coaches who also complete the Wet Feet and Opti professional development modules are also authorized to run these specific programs geared towards younger sailors.

**Bronze Sail Levels IV & V** are levels where sailors are introduced to advanced sailing techniques and skills, including sail trim, boat tuning, boat maintenance, trapezing and the use of the spinnaker. After completing the bronze standards sailors are competent in winds up to 25-km/h.

Bronze Sail Coaches are trained to teach intermediate sailing skills to more advanced participants, and are authorized to award Bronze Sail IV and V sailor levels, when registered for the current year.

**Silver Sail Levels VI** introduces sailors to competitive and advanced sailing, they cover racing rules, sail theory, tactics and advanced boat handling skills in all weather, keeping in mind we never put our sailors in jeopardy under any circumstances.

**Learn to Race** is part of the Silver VI level where the sailors learn all the race rules including how to race respectfully. Sailors are also given pointers on what to do when starting a race, during a race, and finishing a race. They will also learn race theory to become more familiar with all aspects of competitive sailing.

Learn to Race Coach program has been designed to introduce racing to young athletes while at the same time encouraging them in a fun environment.

### Competitive Based Education & Training (CBET)

CBET, introduced by the CYA in 2003, facilitated on-the-water, interactive and hands-on process for transferring knowledge. We are very pleased with our CBET results to date, in particular the noticeable improvement in learned skills retention. Coaches prepare daily lesson plans and present these plans each morning, in the classroom, to their group of sailors. The group is then moved on the water for the remainder of the day where sailors learn skills and techniques employing hands on coaching. Coaches make on the water observations and evaluations from which progress reports are prepared.

Four key improvements resulting in CBET:

- Written tests not used for evaluation of sailors
- Sailor assessment based on demonstrated skills
- Emphasizes on-the-water training
- First day assessment (by certified coach) allows student to enter programs without prior CYA levels

### Our 2008 Season

Though we did not have technically a learn-to-race program we did have several keen sailors who wished to participate in regatta events. Congratulations to all sailors that took part in the following. HYC had sailors participating in Ark (Bedford Basin Yacht Club), and Bay of the Wind Regatta (St. Margret's Bay Sailing Club).

### Regatta Results

Regatta	Sailing team	Classification	Position / Ranking
The Bay, The Wind	Jim Schwartz	Laser Class	1 <sup>st</sup> out of 1 Laser sailor
	Matthew Burke	Laser Radial Class	1 <sup>st</sup> out of 4 Radial Sailors
	Jack Bignell		2 <sup>nd</sup>
	Alex Burke		3 <sup>rd</sup>
	Kristopher Stow		4 <sup>th</sup>
	Raymond O'Neil & Evan Sims Robert Sweet & Ken Degiano	420 Class	11 <sup>th</sup> out of 26 Crews 13 <sup>th</sup>
	Emily Van Horne	Byte CII Class	11 <sup>th</sup> out of 11 sailors
	Patrick Burke	Opti Green U16 Class	11 <sup>th</sup> out of 14 sailors
ARK	Duncan Reynolds & Ken Degiano	420 Class	10 <sup>th</sup> out of 32 sailors
	Raymond O'Neil	Laser Class	13 <sup>th</sup> out of 17 sailors
	Jim Schwartz		15 <sup>th</sup>
	Alex Burke	Laser Radial Class	30 <sup>th</sup> out of 35 Sailors
	Matthew Burke		31 <sup>st</sup>
	Kristopher Stow		32 <sup>nd</sup>
	Jack Bignell		34 <sup>th</sup>

## **Safety**

Other than minor cuts and bruises we are gratified to report that we did not have any major accidents or mishaps.

In large part this is due to commitment to safety by our manager coaches; all are very conscious of all safety practices and promote safety in all of our activities. We monitored the water condition weekly and reacted accordingly following the same practices and guidelines set by the NSYA for sailors in The Arm.

## **HYC "Adopt a Boat" Program**

As you may or may not know the least on our existing property will be expiring. The board of HYC is aggressively searching for new options and locations within the Hubbards Cove to continue the legacy of HYC. To that end, we will be updating the HYC website and incorporating in the future a tax deductible fundraising component. We will be looking for volunteers who may be past members of HYC and have old pictures that we will be using to build an alumni portion for the HYC website. We will also look to revitalize the Adopt a Boat program through the new and updated HYC website.

## **Nova Scotia Yachting Association notices:**

**St. Margaret's Sailing Club** will host the 2009 Laser World Championships and Masters World Championship. From August 20<sup>th</sup> to Sept 5<sup>th</sup> St. Margaret's Bay will see some of the best sailors in the world compete in the largest regatta held in Canadian history. For more details visit [www.2009laserworlds.org](http://www.2009laserworlds.org)

**2009 Junior Spring Series** - Saturdays and Sundays at the RNSYS from April 18<sup>th</sup> to June 6<sup>th</sup>. Open to 420's, Lasers and Laser Radials. Sign-ups accepted until April 15<sup>th</sup>. If interested in using an HYC club 420 for this event please contact Morgan Van Horne ([mvanhorne@amca.ns.ca](mailto:mvanhorne@amca.ns.ca))

**NSYA** is planning CYA Instructors Clinics this Spring to train new instructors and upgrade existing. New this year is the opportunity to become a certified CYA Learn to Race Coach. For further details in schedule or to register visit [www.NSYA.ns.ca](http://www.NSYA.ns.ca)

**The Hubbards Yacht Club Special Olympics** sailing program is scheduled for two Sunday morning sessions: 9:00am to 10:30am and 10:30am to 12 noon. Contact HYC for additional information.

Visit the NSYA website { <http://www.nsy.ns.ca/> } for an update on the new Learn-to-Sail instructors' program. Enter the Instructors Tab, the 2008 Clinics Tab and open the diagram

Regards,  
Morgan Van Horne  
Director, Learn to Sail

### Important dates for 2009

Event	Date	Location	Notes
Spring sailing sessions	May & June	Various Yacht Clubs	Dates will be published on the NSYA website or contact Lisa on 425-5450 Ext. 312.
Spring tune ups	May, June	Various Yacht Clubs	Dates will be published on the NSYA website or contact Lisa on 425-5450 Ext.312.
Coaches courses	NSYA	Various Yacht Clubs	Course dates available from the NSYA website or by contacting Frank Denis on 425-5450 Ext.312
Hubbards' Learn to Sail Junior Sailing program starts	July 6	Hubbards Yacht Club	Applications on our website: www.hubbardsyachtclub.com
YOTS & ARK Regatta	July 9 & 12	Bedford Basin Yacht Club	Not one of our regular regattas. Silver sailors may be interested. Requires parental involvement & commitment.
<b>Hubbards Yacht Club Annual BBQ &amp; Auction.</b>	<b>July 18</b>	<b>The Hubbards Barn</b>	<b>Yearly fundraiser that supports our junior sailing programs. Thanks for your support.</b>
Canada Games Trials	June 6 and 7 June 13-14	RNSYS	For athletes wishing to try out for Nova Scotia's sailing team at Canada Games.
The Bay, The Wind, The Regatta	July 18 & 19	St. Margaret's Sailing School	One of our regulars, we fully support this regatta.
Opti Jam	July 29 & 30	Chester Yacht Club	One of our regulars, we fully support this regatta.
Sail East	July 31 to August 3	Oka (Montreal) Quebec	Information
Kennedy Cup	Aug 6 & 7	Royal NS Yacht Squadron	We fully support this regatta
World Lasers	Aug 20 to Sept 5	St. Margaret's Sailing School	World Class Event!
Hubbards' Learn to Sail Junior Sailing programs end	Aug 28	Hubbards Yacht Club	Thank you for another great season!
Closing BBQ	Aug 29	Hubbards Yacht Club	Certificates and recognition awards. Start time 1:00 PM. A notice will be sent out with the sailors.

**Please Note: All regattas require parental support and involvement.**

## Hubbards Yacht Club - 2009 Board Members & Volunteers

---

Board Chair	Jack Flemming	
Commodore NSYA Representative	Norman Burke	481-2221
Vice-Commodore	Andrew Pothier	826-7347
Past Commodore	Angela Chisholm	225-8295
Rear Commodore	Bill Zimmerman	857-9009
'Learn to Sail' Director	Morgan Van Horne	223-9918
'Learn to Sail' Registration	Angela Chisholm	225-8295
Treasurer	Norman Burke	481-2221
Directors	Peter Stow Len Poirier	857-3897 857-3553

Always Recruiting - Call us if interested!

---

Hubbards Waterfront Liaison	Don Peer	857-9268
Project Volunteers	Peter James Stow Harold Britten Arnold Weaver Bernie Hughes Peter Armstrong	857-3256 857-1150 857-9163 857-1599
<b>Hubbards Yacht Club</b>		<b>857-9771 (Seasonal)</b>

# HUBBARDS YACHT CLUB

## *Volunteer Form*

The Hubbards Yacht Club welcomes volunteers willing to contribute their time and talent in support of the future development of the Hubbards Yacht Club Learn to Sail programs & activities.

Below is a list of committees that take place during the year. The HYC depends on parent volunteers to make these events happen. If you would like to volunteer for any of these committees or are interested in sitting on the Board, please put a check mark beside the one(s) you are interested in along with your name and phone number and send along to the Hubbards Yacht Club.

- Capital Campaign Committee  
General Fundraising
- Annual Auction & BBQ Committee
- Year End Sailing Program BBQ Committee  
(T-shirts, Trophies, Food)

I/We prefer not to volunteer for the Working Committee's listed above.  
In lieu, I am enclosing a contribution of \$ \_\_\_\_\_.

I/We will not be attending the Annual BBQ & Auction.  
In lieu is a contribution in support of the fundraiser in the suggested amount of \$35 per person.

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

**Thank you for volunteering &/or supporting our efforts to continue offering the  
Learn to Sail program for the children in our communities.**

Please mail your form and/or contribution to:  
**Hubbards Yacht Club  
PO Box 187  
Hubbards, NS B0J 1T0**

Questions? Contact Angela at [sailing@hubbardsyachtclub.com](mailto:sailing@hubbardsyachtclub.com) or 225-8295

# HUBBARDS YACHT CLUB

## 2009 Membership Application

Name: \_\_\_\_\_ Partner's name: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Civic Address: \_\_\_\_\_ E-mail Address: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_  
Children (name/age/Jr. Sail Program?): \_\_\_\_\_  
Type of Boat/Length: (if applicable) \_\_\_\_\_ Power: \_\_\_\_\_ Sail: \_\_\_\_\_

### Fee Schedule:

Facility Usage (i.e. Wharf)	\$50	_____
Social Membership	\$50	_____
Outdoor Boat Storage		
\$100 for Dinghy's, big boat fees are negotiated	\$100	_____
*Annual Barbeque & Auction (\$35 per ticket x # of tickets) July 18, 2009		_____
<b>Total Fees</b> (payment enclosed)		_____

### Notes:

- 1) Fees payable by June 30<sup>th</sup>, 2009. Please make cheques payable to Hubbards Yacht Club, and mail with the application form to:

**Hubbards Yacht Club**  
P.O. Box 187  
Hubbards, Nova Scotia  
BOJ 1T0

- 2) The club does not provide insurance on member's boats.

**\* Please note this season we are issuing 2 tickets with the newsletter and we ask that you please send payment in advance to guarantee space. This will put your name on the Guest List as PAID that will be located at the Entrance Gate to the BBQ & Auction on July 18, 2009. Tickets may be available for purchase at the Entrance although we are not able to guarantee this. Please feel free to contact Angela at 225-8295 to check availability or to purchase additional tickets at any time.**